

At the beginning of a new year, it's always good to ask the question, "Where am I in the process of SANCTIFICATION?" Now that's a big word. It means that God is us working within to change us—gradually—into the image of Christ, and He does this primarily through His Spirit, His Word, and His People. Our part and responsibility in this process then is to be open, available and sensitive to His Spirit's work within us, to know and apply His Word, and to live in relationship with People. These three interconnected, but let's look at them one-by-one.

First, being open, available and sensitive to His Spirit's work within us requires us to have a heart that desires to change and grow as He leads us and to have space in our lives (and calendars!) to be able to listen to Him and reflect, uninterrupted.

## So let's ask ourselves:

- \* Do I truly—in my heart—want to grow to become more like Christ?
- \* Do I set apart time and opportunity for God to work within me?

Second, knowing and applying His Word requires us to first learn about and understand what God says and then to put that knowledge into practice in our

daily lives. There is a tension, however, because we know more than what we apply. (For example, we all know that the Bible says "Do not covet", or "Do not desire what others have", but do we ever covet? I don't think too many of us covet our neighbor's ox or donkey [Ex 20:17], but do we ever want a phone like they have, or a gift or ability like theirs, or a car or a house like theirs? Well, sometimes we do, which means we know more than what we apply; and that's just one area. What else do we already know? Forgive others, be humble, look out for the interests of others, love God with all your heart, give to the needy, and so much more.) Let's remember that sanctification is a process and that we should continue to get to know God and His will for us but also to put into practice more and more of what we have learned and are still learning.

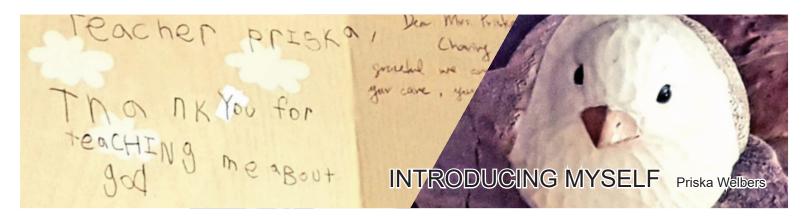
#### So let's ask ourselves:

- \* What do I need to learn about God and His Word and His will for my life, and what will I do to learn this?
- \* What areas have I already learned about but still need to apply more, and how can I go about doing this?

Lastly, living in relationship with God's People requires presence, patience, and remembering our purpose. We must be present—not necessarily in the same room, but in the sense that we know where each individual is growing or struggling—so that we can encourage and exhort one another; we must be patient, because God is not done yet with any of us in this sanctification process; and we must remember our purpose: we are together not because we chose each other, but because God chose each of us, so that we would be a people, a community, that helps each other as we grow in Christ, go and make disciples, and together glorify God.

And so, let's ask ourselves:

- \* Do I have such a relationship with at least a few of God's people that I know
- > where my brother or sister in Christ is growing or struggling in their walk with Jesus?
- > whether they are open to the Spirit's work in their life, are spending time in God's Word and are putting things into practice?
- \* What can I do to encourage and exhort a few of God's people? How can they do this for me?
- \* Am I patient with myself and others as God continues His work in all of us?
- \*Do I know and remember the purpose of the Church and is this evident in my life and interactions with others (believers and non-believers)?



#### Get To Know Me

Some of you know me if you attend the English service. I could easily be found sitting down next to Michael in the service. Yes, I'm the other half of this sort of beautiful husband. I have been here in RCMBC for seventeen months now.

## What Am I Doing?

Let me share with you where and how God works in my life. I didn't know what I would do or what ministry God had in store for me when landing in this country. I knew that I would be in a church and serving where my husband would serve. I have been steeped in the ministry since I was thirteen years old – first as a children Sunday school teacher, then as a youth pastor. For more than half of my life back then I had been involved in teaching and nurturing young people.

God has a purpose in each of us made in His image. I enjoy working with young people. Also, I believed that God who had given me a miraculous way (it wouldn't happen if God didn't intervene and provide) to be equipped at Talbot in Christian Education (where I met my husband) had a plan to be fulfilled in me. Having said that, I was convinced that God had a purpose in bringing me here, particularly for building His Kingdom in the Lower Mainland of Vancouver. For sure, nothing big, but there's nothing too small for God.

Eleven years ago, when spending time praying, discerning His word and reflecting on the study of emergent philosophy that not only had sparked my thoughts but also seemed to start to be imposed in early years of education, I felt urged to be part of their development stages, hoping not winning all, but at least, some of these emergent generations. The philosophy per se is great in that it values children's capability, creativity and imagination, yet missing an

important aspect: our true self can only be found in God. I started sharing this vision with a few churches and Christian schools in Vancouver and Richmond. It was quite a period of time of silence and waiting upon His time and for sure, a time of examining my heart for God.

Long story short, God made it happen. It was such a joy that He entrusted this vision, but also it was a "Mission Impossible" journey. What if I lost the vision along the way? What if I fell into a temptation to compromise the values? What if I failed? What if... what if... what if... I give thanks to Michael, friends (at the very beginning stage of planning) and family who keep me accountable with reminders and prayers. Above all, to God who appears along the way every season through ups and downs, in tears and joys to help giving strength, grace and wisdom.

Every moment is an opportunity to spread the seeds. I always hope through my teaching and interaction that the children would love God, the Creator of heaven and earth. They are my world, my passion, and my joy. My time with each child is short. Each day is not only an opportunity to plant the seeds, but also a battle to help the children to grow in being selfless over self-centered, in giving over gaining, in being the least rather than the first. After all, when I teach I preach, for I believe that "the fear of the Lord is the beginning of knowledge" (Prov 1:7).

God is at work in a mysterious way. We never know when and how the seeds grow. The work is not in vain. Like a farmer, keep working and be faithful. Harvest time belongs to God. Though, it was a privilege He allowed me to see His work in the life of each individual child for these past eight years. One child brought her family back to church. Another made known to her mother that "Jesus is

mighty" (the mother eventually made a personal decision to accept Jesus; and now both the mother and child attend a church). Another retold his classmates that we were sinners and needed Jesus, for He is the Savior dying on the cross. Another asked her dad to pray before sleep and her dad couldn't refuse. Not to mention others... wasn't that God's amazing work in them? No other words could express my heart when behaviors, attitudes and values were changed into Christ-likeness. besides praising. thanksgiving and keeping running with endurance the race that lies before us.

Faithful in small things. As a head Teacher, often parents, teachers or interns come to share their challenges and problems, either about family, school or personal. Before they left, I would say "I'll pray for you" or ask "Can I pray for you?" No one ever said no. When they came the second time, I would say "Can I pray for you, right now?" Again, no one ever said no. Since then, I simply pray in front of them, bringing their problems to my God over the phone or in person. He opens up another door to minister: families!

#### What's Next For Me?

God hasn't finished yet working in me. Now I know why God brought me here and am convinced despite my weaknesses and shortcomings, He will continue to shape me to be a Priska He has in mind. Once I surrendered my life (at the age of eleven), no matter what circumstances I face, I know no one can separate me from God's love. I am His and available wherever He wants to take me as long as I live.

"...being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus" (Phil 1:6)



我一直認為人要靠自己努力、勤學才能成功 (包括事業、學問、體能),但我亦相信這世界是有一位神在掌管世界的一切。

**我是在一次「遊湖事件」中信主的。**那 天, 艇家駛著一艘小艇載我到湖中遊。當 時湖水十分平靜,令人心曠神怡,但忽然 風雨大作, 雷電交加, 湖面波濤洶湧, 小 艇不斷被湖水淹蓋。那時, 我與艇家都不 知所措。艇家只管拼力掌著舵盤,向浪衝 去;我就想到向我仍未肯定真假的「老天 爺」求救,內容大約是:「如果你是真 神,掌管一切,你一定能平靜湖水,救我 們脫離險境, 平安到達岸邊, 那樣, 我便 真心相信你是真神,我會依從你的真理, 學習做個好的基督徒。」心念完成後,湖 上的風雨便開始停下來, 湖面亦轉趨平靜 如鏡, 船便順利地回到湖邊, 我們都安全 地上岸。經此一事, 我經歷到平靜湖水及 拯救我命的大能真神。

在此事件前,我的生活如普通人一般-上班、下班, 每星期一天到超市買食物, 間中會跟朋友飲茶, 日子便是這樣地過。 能有這樣的生活模式,本應「於願足 矣」,但總是仍有「欠缺某些」的感覺! 回想未信主前, 我與朋友的社交活動, 通 常離不開吃喝玩樂, 打打麻雀、玩玩撲 克,又或是買買649博彩票等等,千篇一 律,毫無新意,彷彿行屍走肉,這些對生 命可以說是毫無裨益。不過, 在遊湖事件 中信主後, 我仍覺得精神上有點空虛, 結 果,一次,不經意地我就跟兩個信主的同 事談及, 他們建議: 如果我有興趣, 大家 可以每星期找一天查經, 學習神的話語, 使靈命得益。自此, 我過去無甚意義的日 子結束了,反之我的日常生活添上了意 義。我相信這是主給我的恩賜:事先為我 安排那兩位信主同事,得著一個好的開 始,在屬靈上有所學習,認識清楚救贖我 的主。直到我的大兒子返教會後不久,太 太亦叫我一同到教會崇拜,於是開始經常 返教會, 閱讀聖經, 參加會眾學習班、查 經小組、主日學、團契, 充實個人對真理 的基本認知及如何應用實踐, 做個好的基 督徒,活出基督徒應有的樣式,我體會到 這樣做人才有意義,對社會才有貢獻。

我的決志發生在一個講道會後,當時與我在會後談話的講員是醫學與科學界專家吳

宣倫博士,他問我一個問題,那就是:「你是否經常乘坐飛機?」我說:「是。」他繼續問我:「如果發生意外,你有沒有想到會死?又,死後,靈魂會到哪裏去?」這真是一個好問題!是我必須認真面對的!他告訴我:「只有信主,歸屬祂,才可以上天堂。」這番話更加強我信主的信心。最後他領我作決志祈禱,交我予傳道人,編入浸禮班,就這樣公開表明了我接受耶穌基督為生命的主的決心。

# 信主後,在我的人生歷煉中,明顯感覺神與我同在——

職場上我遇到一個入職的新移民, 他在職 務上達不到工作的要求,上司正準備要他 離職。我見他是家庭支柱,失去這份工 作,生活一定有問題,所以我便主動代他 請求上司給予一個機會, 且擔保會抽時間 關心他在我公司的表現, 然後才決定去 留。上司批准了, 我便盡快抽時間指導 他, 教他如何用正確的方式把事情弄好; 到上司再翻查事件,確定他所辦的事情都 妥當後,便許他正式留任;給果他不至失 業,家庭沒有收入,而我亦總算盡了一點 力量,身心十分舒暢!我想,在未信主 前,我是不會開口叫上司給他機會的,因 上司再聘新人的話, 履歷和經驗肯定比留 任的他好, 不然上司是不會聘用的, 但想 到他若不獲留任,就會失去一切,所以才 挺身相助。我覺得我所做的乎合主耶穌憐 憫人的心意,得著神的同在,助人歷程於 是得著順利發展。

**回顧從前到現在**,一切一切,無論到埗加 拿大後找工作、住所、生活等等大小事 神讓我看到祂對我們每一個人都有不同的 恩賜,只是我們並未察覺到祂的作為,又 沒有真正了解祂的心意,感謝並珍惜祂的 同在!神幫助我們,原是要激勵我們效法 祂,尊祂為大,謙卑仰望,並幫助有需要 的人,這樣,才算是邁向成熟的愛神與愛 人如己的生命之道,為此,我仍在努力學 習中! ፟፟



弟兄姊妹平安,這一次我想和大家分享主 耶穌在登山寶訓中提到的八福其中之一, 那就是馬太福音第五章第五節「溫柔的人 有福了,因為他們必承受地土」

記得小時候,只要是我做任何事情,大人不要對我兇,我覺得那就是對我溫柔人到了青春期,只要是我做的決定,大對要老是給我指指點,我覺得那就的實際不可的我沒有任何的意見,我覺得不我沒有任何的話是對我溫柔了。現在有了話他們能與不了。現我說溫柔的人不慢得不會是我對我溫柔了。沒對我溫柔的事情懂得。所以不管是我對人或是人對我,這溫柔的功課一輩子都在學習。

# 神的話語鼓勵我們

我想大家都很熟悉在加拉太書第五章22和 23節那裡提到的說,「聖靈所結的果子就 是仁愛、喜樂,和平、忍耐、恩慈、良 善、信實、溫柔、節制」溫柔就是九種品 質之一。另外在歌羅西書三章12節, 使徒 保羅提到說「你們既是神的選民,聖潔蒙 愛的人,就要存憐憫、恩慈、謙虛、溫 柔、忍耐的心。」這裡也提到溫柔是聖徒 應有的品格,如此人與人之間才能夠彼此 包容,彼此饒恕,彼此相愛。然而溫柔的 應許, 就在馬太福音五章五節, 那裡提到 說,「溫柔的人有福了,因為他們必承受 地土」, 詩篇37篇11節也強調「謙卑人必 承受地土,以豐盛的平安為樂」。現在有 神話語的鼓勵,就能夠感同身受,做一個 基督徒,如果能夠珍惜聖靈所賜溫柔的 心, 以基督的心為心, 是何等的有福, 必 能承受神所賜屬天的產業,生活在這個世 界上, 卻好像生活在天國裡一樣的。

用心想想一個愛主的人,一定有一顆溫柔 謙卑的心。有溫柔,他就不會凡事計較, 會凡事包容,凡事相信,凡事有盼望,會 接納神永遠不止息的愛。有謙卑也就會自 我放下,全然順服神,讓神在我們自 意中成為隨時的幫助。既然溫柔謙卑 主耶穌的真性情,我們也當好好學習的 無基督的榜樣。主在馬太福音11章29節提 到「我心裡柔和謙卑,你們當負我的軛, 學我的樣式,這樣你們心裡就必得享安 息」。就如同以賽亞書30章15節提到 說,「主耶和華以色列的聖者曾如此說, 你們得救在乎在乎歸回安息,得力在乎平 靜安穩」。其實在彼得前書三章四節也提 到說「只要以裡面存著長久溫柔安靜的心 為妝飾,這在上帝面前是極寶貴的。」正 因為如此,我們常存溫柔謙卑的心,行事 為人才能夠與得救的恩相稱。

## 聖經偉人的榜樣

還有就是大家所熟悉的摩西,在民數記12章3節那裡就特別的形容摩西的為人,他為人是極其謙和勝過世上的眾人。其實帶領好幾百萬的以色列人出埃及是相當不容易的事情,尤其是在曠野漂流的40年,百姓不斷地向摩西發怨言,抱怨沒有水喝,沒有東西吃,甚至一再的犯罪,摩西仍以溫柔的心看顧百姓的需要,向耶和神禱告,也為百姓的罪祈求神的原諒。

再來就是大家耳熟能詳的約瑟。在創世記 50章裡有提到說,當雅各死了之後,約瑟 的哥哥們因為失去了保護的屏障, 就害怕 約瑟來報復他們,因為從前哥哥們是害他 出賣他的, 所以對約瑟說了一番話, 可是 約瑟卻對他們說,「不要害怕,我豈能代 替神呢?從前你們的意思是要害我,但神 的意思原是好的,要保全許多人的性命, 成就今日的光景。」所以約瑟向他的哥哥 們保證說,「你們不要害怕,我必養活你 們和你們的婦人孩子, 於是約瑟用親愛的 話安慰他們。」你能夠對一個傷害你那麼 深的人, 還能用溫柔的話來安慰他們嗎? 若不是耶和華神與約瑟同在,對於一般人 來講,都不會那麼輕易的饒恕過去傷害他 們的人。

我還記得使徒行傳16章有提到使徒保羅跟

同工西拉被誣陷下在監牢裏的故事, 那時 候保羅他奉主耶穌基督的名, 使一個被鬼 附的女人, 脫去鬼附的捆綁得著自由, 這 女人的主人們本是靠著女人行巫術賺錢, 現在保羅和西拉使他們無利可圖, 就召聚 眾人攻擊保羅和西拉, 誣陷他們, 當地的 首領就叫人鞭打保羅和西拉, 並把他們關 進監牢裡, 那天半夜, 保羅和西拉向天父 上帝禱告並唱詩讚美神,監牢裡的每個人 都聽到了,忽然地面開始震動,結果連監 牢的門都打開了,眾囚犯的鎖鏈也都鬆開 了, 獄卒醒來, 看到牢門是開的, 以為囚 犯全部逃跑了,就要拔刀自殺之際,被保 羅即時的阻止。保羅叫獄卒不要傷害自 己,他說我們都在這裡,獄卒對所經歷的 事情非常震驚,就問保羅跟西拉當怎樣 行,才能夠得救?他們就說「當信主耶 穌, 你和你一家都必得救」然而我相信聖 靈一定感動保羅,在那麼慌亂的情況之 下, 保羅依舊順服聖靈的帶領, 把福音傳 給人。

再舉個例子就是主耶穌基督自己,主是溫柔謙卑的好榜樣,在主耶穌傳道的3年半,他醫治了瞎眼的,瘸腿的,患各樣病症的,被鬼附的,甚至叫死人復活,展現了他就是猶太人一直等待的彌賽亞,擁爾有一顆溫柔憐憫的心,主耶穌來是為主對我們應對人,所以在希伯來書第也人,所以在希伯來書第也人,所以在希伯來書前的人,后數對強效到底,因為他是長遠活著,替他們祈求。」感謝主,主對我們應許是何等的實貴。

#### 結語



寫這篇稿件的時候,正值是農曆新年的年初一,我收到很多從遠方來的親人和朋友祝福的短訊,有些朋友是很久沒有聯絡了。在除夕夜,我被邀請到一對夫婦家吃年夜飯,我享受了一頓久違了的團年的既吃的餸菜味道和過年的氣氛,還有收到弟兄姊妹送給我的賀年糕點,我心裡充滿著暖意和感謝,深知道這是神的恩典,祂藉我家人、朋友、主內弟兄姊妹的愛,讓我體會到這是祂賜給我的禮物,這一切的思情非金錢所能得到的,神教導我要珍惜和

感恩。

此刻,我想起一位聖經人物一以掃,他因輕看了長子的名份,不去珍惜而隨便把這名份賣給弟弟雅各,以致他日後感到後悔,但已不能得回他所失去的名份了。

我們可能都會有這種心態,神賜給我們的 寶貴的救恩;賜給我們有家人,朋友,教會 的弟兄姊妹及一切在日光之下的享受,但 是我們沒有看重,覺得不滿足,而一心追 求心裡所想要的,認為那些是最好的,例如:名利、慾望、財富等。聖經形容這些是愚昧人,因為那些我們認為最好的,終會成為過去。真正留在人心図的是是一份恩情,這份恩情是因神對我們的愛而賜給我們的禮物。

所以,讓我們彼此共勉,做一個有智慧的 人,在地上懂得去選擇甚麼是最好和要珍 惜的,懂得甚麼是能夠帶到永恆的天家。**②** 



我坐下,我起來,你都曉得,你從遠處知 道我的意念。(詩篇139:2)

不知道大家會不會羨慕自己的配偶非常了解自己?曾經看過一個電視節目,是關於夫妻彼此了解的比賽,越了解彼此的喜好,能力和信任,越高的獲勝機會。如果自己的配偶,是這麼了解自己的所有一切。那會有多好啊!連說話都不用,一個眼神或者一個動作,對方就知道了。想一想,就覺得這是一件非常美妙的事情。

這麼美妙的事情,會變成一件壞事嗎?當 然也可以,要看配偶是怎樣運用這個了 解。如果用在不適當的事情上,就會變成 最大殺傷力的武器。比如因着了解配偶的 過去,却用對方過去的悲傷来傷害對方。 比如利用對配偶的了解,欺騙或隱瞞事實 的真相。

說到底,了解配偶是好是壞,這些都取決 於當事人是用在正途上,還是歪路上。了 解自己的配偶也不是最了不起的事情,其 實還有一個更高的層次。不是只停留在了 解的階段,是運用這個了解,接納對方, 然後幫助對方成為更加喜樂幸福的人。

在詩篇139章1-6節,說到耶和華認識我們,我們的心思意念,言語行為,祂都知道。祂比我們更了解自己。祂接納和愛我們,在面對任何的情況或是試煉下,神都與我們同在,保護和引領我們,神是完全了解並且愛我們。我們也不用擔心祂會用對我們的了解,來傷害或欺騙我們。

我太太對我的了解,不單單停留在了解的階段,她也是會用這份了解幫助我成為會用這份可解幫助我做,她也會用我的痛處來傷害我。當我和她的會用我的痛處來傷害我。當我來關意我和她也會給我時間冷靜,也會幫助不之內心的想法。她會求上帝,給她會可以我不知過一時,因為她清楚知過的能力,單類是一時不能以為此,還有我太太可解我,還有我太太可解我,還有我太太可解我,還有我太太可解我,還有我太太可以表述。

你對你配偶的了解,是要用來加重傷害對 方?是只停留在了解的階段?還是幫助對 方更加喜樂幸福? ❷



我覺得這卷書告訴我們,只有信靠神才能 夠得到永恆的安息和平靜。這一本書說人 生在日光之下什麼事都是虛空的。

我想人年紀越大,經歷越多,成就越大, 就感到更加虛空,更加有失落的感覺!這 卷書就是這樣吸引年紀長的人去閱讀。因 為人若擁有豐富經驗和經歷,才會真正領 受到書中內容的意義和真諦!

人生在世上只有短短數十年, 我相信這是神賜給我們生命中的體會和經歷; 是一個感恩經歷的旅程! 最後我們的生命到了終點, 那時候就要下車, 我們最終的目的地

是天家到達了! 它是我們所有基督徒的目的地和盼望, 那日, 我們就可以在天堂與 父神同在啊!

我感謝神賜予我們在人生的旅途上, 有祂 的恩典和憐憫, 沿途有祂同行, 真好!令我 們的有限人生經歷豐盛的生命。 ❸



疫情延燒兩年,眼看著快熄滅的時候,突然冒出的0micron使整個疫情反彈到前所未有的程度,好像也燒滅了我們心中對未來的期盼。有人說,2019年是未來最好的一年,何等酸澀又絕望的感慨。有人忍不住問,一針又一針,要打多少疫苗才能走出疫情。疫苗好像是世人唯一能抓住的救命稻草。

作為基督徒,我們除了禱告還能做什麼呢?光真理堂就已經堅持為疫情禱告兩年了,世界各地的教会也都在不间断地祷告,可是情況不見好轉反倒更壞。我其實是有些灰心的。但是,新年伊始,當我隨著國語堂的讀經計劃開始讀耶利米書的時候,神藉著耶利米先知的生命和這卷書戲了我,讓我對時局有了不一樣的想法。

耶利米就是生活在這樣一群悖逆頑梗的百姓之中,挨過打,下過監,被设计陷害,他的話不僅沒有人聽,還被人嘲笑。在人看來,耶利米的一生鬱鬱寡歡,毫無成功可言。但是,在我看來,他的一生極具價值,意義與榮耀。

其次,神喜悅耶利米的事奉,因為他忠

心。最近一兩年,常有明星翻車的醜聞見 諸新聞,有些還是基督徒。耶利米的處處 像極了這些基督徒藝人,周圍的百姓都 燒香拜佛,跪拜人手所造的偶像有些 短續,人很容易隨波逐流,沒有些 是無法站立得穩的。但是,耶利米站 了,出淤泥而不染,儘管他的話人們 聽,但是神讓他傳講的,他不折不扣 講了。「所求于管家的,是要他有忠 心。」(林前4:2) 第三,神與他同在,神親自的堅固他。面對這麼艱難的環境,耶利米常常淚眼汪汪,若沒有神的看顧保守與扶持,他的情緒早就崩潰了。在耶利米書1章18節,神說,"看哪,我今日使你成为坚城、首、柱、铜墙,与全地和犹大的君王、首领、祭司,并地上的众民反对。他们要攻击你,却不能胜你;因为我与你同在,要拯救你。这是耶和华说的。"

神使耶利米成為他所處時代的銅墻鐵柱。 二十一世紀的第三個十年堪稱病毒時代, 因著疫情,整個世界的體系不知不覺在改 變, 虛擬的世界鋪面而來, 幾乎要吞噬整 個人類世界, 速度之快, 讓人猝不及防。 人前所未有的被控制,我們可以感覺到一 股掌控人類的力量正在快速形成, 快到人 根本還未來得及思考就已經被裹挟其中, 而且這股力量很聰明地掌握媒體, 資本, 政客,教育甚至科技于股掌之间,為人類 洗腦。末後的日子只會越來越艰難, 尤其 對基督徒而言,要在狂風惡浪中保持清醒 的頭腦、堅定的立場、明確的方向談何容 易。但是, 越是艱難的時代, 神的兒女更 要起來,成為銅墻鐵柱, "任爾東西南北 風", 堅立在神給你的地土上, 為主傳 講, 為主作工, 為主爭戰, 絕不同流合 污,抵擋神的邪惡勢力必不能勝過你.你 或許會受到攻擊,但神必與你同在, 祂要 拯救你! 🙈 版面設計: 楊揚